

## Food and Drink Policy and Procedure

### Policy

Drinking water will be available to the children at all times. Any snacks provided by us will be nutritious and as varied as possible. We aim to reflect the multicultural and religious backgrounds of the children, and where possible comply with parents' wishes. We try to make snack times sociable occasions with children sitting down together in small groups.

### Procedure for snack time and lunch

- Staff and children wash their hands before touching food, tables are cleaned with anti-bacterial spray.
- Children do not swap food with others in case of allergies.
- Parents provide us with written details of known food allergies.
- Kitchen to be kept clean and tidy.
- Rubbish bins to be emptied daily.
- Parents are to provide a nutritious named snack for their child/children. 2 snacks if they attend all day.

### Lunch

- Parents of children staying at lunch are to provide their child with a healthy balanced packed lunch including a re-closable drink.
- We try to make sure they have eaten a reasonable amount but do not insist they eat every item in their lunchbox, most children find 4 items plenty to manage.
- Lunch boxes need to be clearly marked with child's name.
- Lunch box to be placed in fridge in cloakroom on arrival in the morning.
- **NO PRODUCTS CONTAINING PEANUTS.** This is very important as nut allergies can have life threatening consequences when triggered.
- Examples of healthy lunches and snacks are displayed in the cloakroom area and advice given to parents on request.

### Food poisoning

Should 2 or more children at the setting be diagnosed with food poisoning then Ofsted and any other appropriate agencies (eg public health) should be informed within 14 days.